

#CROFTYWARRIORS



Trust Pupil Council

Minutes

Thursday 18th January 2024

Attendees:

Porthleven, Weeth, Sithney, Godolphin, Rosemellin, Illogan, Treloweth, Pencoyls, Portreath, Trannack, Roskear, Halwin, Garras, Parc Eglos, Pennoweth

Mrs Collins, Mrs Andrews

Welcome to the Meeting!

- Hello everyone!
- It is lovely to see everyone today – thank you for joining us! Thank you very much to the adults who have helped to get everyone on the meeting today.
- A big welcome to Karen and Carl who are with us for our meeting today from Chartwells.

So far this year:

- We visited the King Edward Mine to think about how Mining can be carried out sustainably.
- We have worked on ensuring that we don't have single use plastic drinks bottles in school. Trust councillors have been working with their school councillors to survey children about their use of single use plastic and raise awareness of the advantages of water bottles that can be re-used.
- Truth tellers have been busy in schools sharing information about the Trust Council with their communities through newsletters. Thank you to the schools that have sent their newsletters to Mrs Andrews. If you have any work you would like to share, please ask your adults to send it to Mrs Andrews and we can ensure that we have a display of work at our next summit meeting.
- We know that everyone continues to work on ensuring that we are carefully considering energy use. We agreed that it was super cold at the minute so we know that heating has to be on in school to keep us warm but we still need to be really aware of when we can turn lights / whiteboards etc off if they are not in use. Keep up the great work!

Veggie Vindicator and Green Guide:

- Mrs Andrews reminded everyone of 2 pledges that we set for this year:
 - **Veggie Vindicator Hero pledge** – We pledge to hold a meeting with our school caterers to agree a menu change to help reduce our impact on the climate
 - **Green Guide pledge** – We pledge to work with our school cooking team to raise awareness of wonky fruit and vegetables
- We asked Carl and Karen if they would be able to help us with these pledges!
- We learnt about 'plant forward' where Chartwells have lowered the amount of animal protein in some of the dishes and add in more beans and proteins which are super tasty.
- Chartwells have their own farm which is the size of 60 football pitches (!) so that they can grow lots of their own vegetables. The farm is in Yorkshire.
- Carl explained how they are always thinking of ways to ensure that there is reduced waste in the dishes. On the new menu is a Broccoli Bake. Carl explained how the stalk of the broccoli is often

thrown away when it is prepared but they are grating the stalk so that it can be included in the bake. We thought this was a great example of using wonky vegetables (or the wonky part of vegetables!)

- When Chartwells have to buy ingredients from abroad (because they are not grown in the UK) eg peppers, they only transport them on boats, not by air, to reduce the environmental impact. Carl explained that bananas are bought by Chartwells and loaded onto boats straight away so they are green but that they ripen during their boat journey and so are yellow and ready to go when they arrive!
- Chartwells work with 'Foodsteps' so that they know about the carbon footprint of the food that they serve.
- We asked Chartwells if we could exchange one of the dishes on our menu to one that has less impact on the environment. [We agreed that it would be good to have another meat free day \(we already have meat free Mondays\) to reduce our impact.](#)
- Our councillors had lots of questions for Chartwells including:
 - Could we have pasties again (there is a cheese slice on the new menu but Karen explained that isn't the same as our Cornish pasties). We will be having Cornish pasties on St Piran's day in a special menu 😊
 - There was a suggestion that we could look at changing Wednesday Roast by one school but that wasn't very popular with everyone!
 - We asked if we could have more fruit-based deserts (eg crumbles). Karen highlighted that there should be fresh fruit available every day too.
 - Wraps instead of sandwiches were suggested as a possible change.
 - The return of Pesto Pasta was requested!
 - Are there any fair trade items in our dishes? Carl explained that Chartwells ensure fair pay for the food they buy. He also told us that Chartwells engage with the Rainforest Alliance; where the Alliance gives their mark to a food, it means that it has been produced sustainably. They also work alongside the Soil Association meaning that nutrients are put back into the soil in the farms where food is grown.
- Karen told us all about 'Spotlight' sessions which Headteachers can get that explain where food comes from. Mrs Andrews will double check that all the Heads have this.
- We thanked Carl and Karen for joining us. We certainly learned a lot and are looking forward to knowing that our menu change will mean that our lunches are having less environmental impact.

This Term's other Challenge – Fashion Fixers

[Our pledge: To organise a Uniform Swap Shop](#)

- We realised that some of our schools already have a 'good as new' school uniform shop where uniform that is in good condition can be passed on to other children to ensure that it doesn't go to waste.
- We discussed speaking with our PTA (if the school has one) or with other adults in the school, to set up a swap shop for uniform in the last half term of the school year.

- [Actions](#)

[All schools to carry on the fantastic work they are doing to make sure that energy use is not wasted: keep reminding everyone to turn off lights and whiteboards when they are not in use!](#)

[If not completed, please make sure that you have spoken to everyone in school about not using single use plastic bottles and looking for re-usable bottles instead and add something to your school newsletter to let everyone know what the Trust Council is about!](#)

Make sure that your school council is aware of our different heroes so they can talk about them with the classes they represent. Some schools have assigned different roles to different members of the school council (ie some children are designated water wizards or fashion fixers etc so that they can make sure the pledges for their heroes have high profile).

If you don't already have a school uniform swap shop, talk to your PTA (or other adults) about setting something up in the second summer half term.

Our next meeting will be our Summit! We will have lots of time at the Summit to have feedback on what schools have been up to. Keep up the great work Crofty Warriors!

Thank you to everyone that joined us today!